Public Health Minor

Applied Human Sciences
College of Education and Human Service Professions

Why UMD

Students with other majors who have a strong interest in public health may choose to complete the minor in health education with focus on health promotion. The coursework covers health content and health education/promotion program planning that would be applicable to various employment settings.

Sample Courses:

- Health and Wellness Strategies for Life Conducting and Managing Worksite Health
- Promotion Programs
- Facilitating Healthy Lifestyle Change

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