Public Health Minor

Applied Human Sciences
College of Education and Human Service Professions

Why UMD

Students with other majors who have a strong interest in public health may choose to complete the minor in health education with focus on health promotion. The coursework covers health content and health education/promotion program planning that would be applicable to various employment settings.

Sample Courses:

- Health and Wellness Strategies for Life Conducting and Managing Worksit Health
- Promotion Programs
- Facilitating Healthy Lifestyle Change

Links
[1] mailto:dahs@d.umn.edu

dahs@d.umn.edu [1]

110 Sports and Health Center
1216 Ordean Court
Duluth, MN 55812

(218) 726-7120