Public Health Minor

Minor
Minor
Applied Human Sciences
College of Education and Human Service Professions

Why UMD

Students who choose to study Public Health at UMD are passionate about promoting health and preventing disease. Students with other majors who have a strong interest in public health may choose to complete the minor in health education with focus on health promotion. The coursework covers health content and health education/promotion program planning that would be applicable to various employment settings.

Sample Courses:

- Health and Wellness Strategies for Life Conducting and Managing Worksite Health
- Promotion Programs
- Facilitating Healthy Lifestyle Change

Links
[1] mailto:dahs@d.umn.edu