Public Health Minor

Why UMD

Students who choose to study Public Health at UMD are passionate about promoting health and preventing disease. Students with other majors who have a strong interest in public health may choose to complete the minor in health education with focus on health promotion. The coursework covers health content and health education/promotion program planning that would be applicable to various employment settings.

Sample Courses:

- Health and Wellness Strategies for Life Conducting and Managing Worksite Health
- Promotion Programs
- Facilitating Healthy Lifestyle Change

Links
[1] mailto:dahs@d.umn.edu